HORARIOS FITNESS



ENERO - BOULEVARES

		LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
7:00am	5	SPINNING	PEUNCTIONAL		PEVEN TONAL		
8:00am	5		BOX TRAINING	BOX TRAINING	BOX TRAINING	SPINNING	
6:00pm	5	TABATA	JUMP DANCE	PSPINNING			
7:00pm	5	SPINNING		FULL BODY WORKOUT	SPINNING		
8:00pm	1	BOX TRAINING	BOX TRAINING	BOX TRAINING	BOX TRAINING		

#EXPRESSYOURSELF